



Competitive Team & Individual Camp Programs

Competitive Teams \$195.00 per Gymnast

Competitive Teams & their coaches are invited to train in our state-of-the art facility & work out with our Elite and National Team Gymnasts as well as train with our National Team Coaches. Open to teams of 5 or more gymnasts in which you provide one coach for every 10 gymnasts in your group.

Individual Gymnasts \$210.00 per Gymnast

Any individual gymnast, part of a competitive team, who wants to participate, is welcome. She will work with same age/level gymnasts from Excalibur National Training Center.

Competitive Team & Individual Camp Registration

Please complete a Team Training Camp Registration Form for each participating gymnast and a Club Team Training Camp Roster form for each group and mail all the forms to Excalibur Gymnastics National Training Center. These can be downloaded from our website at

www.excalibur-gymnastics.com/camp-team.htm

\$195.00 per Gymnast (5 or more with Coach) or
 \$210.00 per Gymnast (less than 5 without coach)
 50% **Non-Refundable** Deposit Required

Refunds must be requested in writing no less than 14 days prior to the camp date.
 These can be faxed to us at 757-499-8451

Balance due for camp must be paid no less than 10 days prior to the camp date

Space is limited to 30 gymnasts per training day.
 All gymnasts must bring a bag lunch each day.

2012 Camp Dates

May	June	July
April 30 th – 4 th	4 th – 8 th	9 th – 13 th
7 th – 11 th	11 th – 15 th	16 th – 20 th
14 th – 18 th	18 th – 22 nd	23 rd – 27 th
28 th – June 1 st	25 th – 29 th	
		August
		July 30 th – 3 rd



Training Times

Training times before June 18th

Levels	Morning Training	Lunch	Afternoon Training
Level 4 to Level 8	8:00 am to 12:00 pm	-----	-----
Level 9 to Elite	8:00 am to 12:00 pm	-----	2:30 pm to 5:00 pm

Training times after June 18th

Levels	Morning Training	Lunch	Afternoon Training
Level 4 to Level 8	8:00 am to 12:00 pm	-----	-----
Level 9 to Elite	8:00 am to 12:00 pm	-----	1:00 pm to 3:30 pm

Housing

Crowes Housing Specialists (CHS)
 Phone: (757) 587-2131
 Fax: (757) 587-3107
 Email: c.rooms@cox.net

Local Attractions

The Beach & its attractions – 15 minutes away
 Busch Gardens – 45 minutes away
 Water Country USA – 45 minutes away
 Colonial Williamsburg – 45 minutes away
 Ocean Breeze Water Park – 15 minutes away

For additional information

Call us (757) 499-8258 between 12:00 pm & 7:00 pm Eastern Time
 OR
 Email us at
information@excalibur-gymnastics.com