

## **2015 Parkettes Invitational Schedule**

**Location: Parkettes Gym**

### **LEVEL 9**

**Friday January 30th**

#### **Session 1- Level 9**

**8:00am Stretch, 8:30am Timed Warm-up, 8:50pm Start**

Aerials-1, Asap(7)(3), Bright Stars-3, Cherry Hill-4, Force-4, GMGC-3, Hanover-3, Metzlers-4, Northeast-7, North Stars (6)(5), Unique-3

#### **Session 2- Level 9**

**11:15am Stretch, 11:45am Timed Warm-up, 12:00pm Start**

Action-(7)(6), Atlantic Coast-5, CPGA-4, Gymstrada-6, Mannettes-2, New Generation-1, Nittany-6, North Stars-6, Parkettes-6

#### **Session 3- Level 9**

**2:00pm Stretch, 2:30pm Timed Warm-up, 2:50pm Start**

GMGC-2(Smithtown), Hills-(5)(6), MG Elite- 1, New England Gym Express -(7)(7), Parkettes-6, Rebound-7, Stafford-2, Twilight -1, World Class-(8)(8)

#### **Session 4- Level 9**

**5:30pm Stretch, 6:00pm Timed Warm-up, 6:20pm Start**

Brandy Johnson-8, Capital-7, Docksidiers-7, Excalibur-5, New England Express-(7)(2), Sonshine-7, Thames-1, TNT-5, Winners-2, X-Cel-7

## **2015 Parkettes Invitational Schedule**

**Location: Parkettes Gym**

### **OPEN**

**Saturday, January 31st**

#### **Session 1- Level Open Optional**

**8:00am Stretch. 8:30am Timed Warm-up, 8:50am Start**

Aerials-1, Atlantic Coast-5, Brandy Johnson-5, Capital-7, Cumberland-1, Sports Fit n Fun-1, GMGC-3, Hanover-1, Mannettes-1, MG Elite-3, Nashau-1, Parkettes-4, TNT-(6)(3), Unique-3, X-Cel-4

#### **Session 2- Open Optional**

**10:50pm Stretch, 11:20pm Timed Warm-up, 11:40pm Start**

ASAP-4, Brandy Johnson-6, Capital -3, Cherry Hill-4, Hills-4, Nittany-2, North Stars-(7)(6), Parkettes-(6)(7), Excalibur-4

#### **Session 3- Open Optional**

**1:45pm Stretch, 2:15pm Timed Warm-up, 2:35pm Start**

Action-4, Docksidiers-5, First Class-1, Gymstrada-2, Hills-4, Metzlers-2, New England Express-7, New England Sports-6, Rebound-7, Shonshine-(6)(3), Stafford-1, World Class NY- 6

#### **Session 4- Open Optional (4 GYMNASTS PER TEAM)**

**4:30pm Stretch, 5:00pm Timed Warm-up, 7:00pm Start**

ASAP, Brandy Johnson, Capital, ENA, Excalibur, Gymstrada, Hills,  
Northeast, North Stars, Parkettes 4, Parkettes 4, World Class NY

**2015 Parkettes Invitational Schedule**  
**Location: Lewis E. Dieruff High School**

**LEVEL 5, Level 7 and Excel**

**Saturday, January 31st**

**Session 1- Level 5**

**8:00am Stretch, 8:30am Timed Warm-up, 8:45am Start**

CPGA-(4)(9), Eagle-5, Force-5, GMGC-Smithtown-6, MG Elite-5, Nittany-4,  
Northeast-(6)(3), North Stars-7, Parkettes-(5)(8), Sports Fit & Fun-3, Thames Valley-6, Twilight-3

**Session 2- All Excel and Level 7**

**11:00am Stretch, 11:30pm Time Warm-up, 11:45pm Start**

Aerials- 7, Cumberland-(3 Excel, 2-7's), Force-(6 Excel)(4 Excel, 3-7's), Hanover-2, MG Elite-7,  
Northeast-(2 Excel, 5-7's), North Stars-7, Shonshine-6

**Session 3- Level 7**

**2:00pm Stretch, 2:30pm Timed Warm-up, 2:50pm Start**

Brandy Johnson-3, Capital-(8)(5), Eagle-4, Excalibur-5 Frederick-(5)(4), Hills-(10)(6), Parkettes-(9)(8),  
Thames-4

**Session 4- Level 7's**

**5:30pm Stretch, 6:00pm Timed Warm-up, 6:20pm Start**

Action-5, Bright Stars-4, Cherry Hill-4, CPGA-5, Docksiders-(7)(4), Gold Medal-5, Metzlers-2, Natasua-8,  
Sports Fitness & Fun-4, Stafford-3, Thames-5, Winners-5, X-Cel-(5)(6)

**2015 Parkettes Invitational Schedule**  
**Location: Parkettes Gym**

**LEVEL 8**

**Sunday, February 1st**

**Session 1- Level 8**

**8:00am Stretch. 8:30am Timed Warm-up, 8:50am Start**

Brandy Johnson-1, Capital-(6)(6), Docksiders-(6)(4), Excalibur-1, New England Sports-6,  
Parkettes-4, GMGC Smithtown-2, Shonshine-(5)(5), Thames Valley -2

**Session 2- Level 8**

**10:30am Stretch, 11:00am Timed Warm-up, 11:20pm Start**

Bright Stars-3, Gold Medal-1, Hanover-8, Hills-(7)(8), Natasua-3, New England Gym Express-5,  
New Generation-3, North Stars-(5)(4), Rebound-8, Stafford-4

**Session 3- Level 8**

**2:00pm Stretch, 2:30pm Timed Warm-up, 2:50pm Start**

ASAP-4, MG Elite-3, Parkettes-(8)(4), New England Gym Express-(7)(7), Sports Fit & Fun-4, World Class-(8)(4), X-Cel-(7)(3)

**Session 4- Level 8**

**5:30pm Stretch, 6:00pm Timed Warm-up, 6:20pm Start**

Action-(3)(6), Aerials-2, Cherry Hill-2, Cumberland-6, First Class-2, Force-4, Metzlers-5, Nittany-4, Northeast-7, Rainbow-2, TNT-2, Twilight-2

**2015 PARKETTES INVITATIONAL**  
**Location: Lewis E. Dieruff High School**

**LEVEL 2,3,4,6**

**Sunday, February 1st**

**Session 1 - Level 2 Level 3**

**8:00 Stretch, 8:30 Timed Warm-up, 8:45 Start**

Hanover-(5)(10), MG Elite-5, Nittany-(6)(5), Northeast-6, Parkettes-(7)(13)(7)(13-Level 2), Sports & Fitness Fun-6, Thames Valley-(6)(7)

**Session 2 - Level 4**

**10:45 Stretch, 11:15 Timed Warm-up, 11:30 Start**

Cumberland-6, GMGC-Smithtown-5, Nittany-5, Northeast-7, Parkettes-6, Sports & Fitness Fun-(4)(4), Thames Valley-5

**Session 3 - Level 4**

**12:45 Stretch, 1:15 Timed Warm-up, 1:30 Start**

Eagle-2, CPGA-(5)(5), Force-(8)(8), Gold Medal-3, Hanover(7)(8), Parkettes-(5)(8), Twilight-3

**Session 4 - Level 6**

**3:10 Stretch, 3:40 Timed Warm-up, 4:00 Start**

Cumberland-2, Docksidiers-7, Eagle-1, Excalibur-5, Hills-8, New England Sports-6, New Generation-6, North Stars-5, Parkettes-4, Sonshine-8, Thames Valley-1, Winners-(8)(3)

**Session 5 - Level 6**

**6:10 Stretch, 6:40 Timed Warm-up, 7:00 Start**

Action-8, Bright Stars-6, Capital-(6)(4), CPGA-4, Force-2, Hanover-(3)(4), Metzlers-(5)(6), Nittany-2, Rainbow-5, Stafford-(3)(7)

- **Coaches with gymnasts in split sessions, please email [parkets@aol.com](mailto:parkets@aol.com) to confirm which gymnasts will be competing in each session.**