



Virginia Men's Gymnastics State Championships

Levels 3/4

April 29, 2017

Saturday, April 29 – Session 1 – Level 4 D2

- 8:00 am – Registration /Open Stretch
- 8:30 am – Assemble at first event/Opening Ceremony
- 8:40 am – Warm-Up Compete

Saturday, April 29 – Session 2 – Level 4 D1

- 12:00 pm – Registration /Open Stretch
- 12:30 pm – Assemble at first event/Opening Ceremony
- 12:40 pm – Warm-Up Compete

Saturday, April 29 – Session 3 – Level 3

- 4:30 pm – Registration /Open Stretch
- 5:00 pm – Assemble at first event/Opening Ceremony/Senior Recognition
- 5:10 pm – Warm-Up Compete

Awards will be held at the end of each session.